

# Pomeroy Living Sterling

Assisted Living | 2200 15 Mile Rd Sterling Heights, MI 48310 | (586)554-7200 |

## “Lunch Bunch” Friday, April 19th

This month we will be ordering from Jet’s Pizza. We will try a couple of different kinds of pizza with a salad so it looks like we are eating healthy. Please make sure you have money in your trust account if you are signing up.

## Entertainment for April

### Tuesday, April 2<sup>nd</sup> at 3pm

#### Music with Vanessa

Vanessa likes to sing show tunes and popular songs from the 40’s through the 60’s.

### Thursday, April 4<sup>th</sup> at 6pm

#### Evening with students from Butcher Educational Center

A group of National Junior Honor Society members asked if they could come and perform for us with singing, dancing, jokes and trivia.

### Tuesday, April 9<sup>th</sup> at 3pm

#### Music with Frank

Frank plays the guitar and sings the classics from the 40’s through the 70’s.

### Wednesday, April 10<sup>th</sup> at 11:15am

#### Movin’ and Groovin’ with Kathleen

Come and dance with us as Kathleen leads us in exercise. Feel free to sing as well since there are no bad singers.

### Thursday, April 25<sup>th</sup> at 3pm

#### Birthday Party with Gary R

Even if your birthday isn’t in April you are welcome to come have a cupcake and sing Happy Birthday to those of us who do.

### Tuesday, April 30<sup>th</sup> at 3pm

#### Music with Jeff

Jeff knows the right songs to get the room moving to the beat and singing along.

## April Birthdays

If you were born between April 1–19, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence give them big, outgoing personalities. Those born between April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, they like to reward themselves for a job well done.

- Emmylou Harris (musician) – April 2, 1947
- Marlon Brando (actor) – April 3, 1924
- James D. Watson (scientist) – April 6, 1928
- Jackie Chan (actor) – April 7, 1954
- Beverly Cleary (author) – April 12, 1916
- Queen Elizabeth II (royalty) – April 21, 1926
- Barbra Streisand (entertainer) – April 24, 1942
- Kelly Clarkson (singer) – April 24, 1982
- Jay Leno (comedian) – April 28, 1950
- Duke Ellington (pianist) – April 29, 1899



Kathy L	April 18 <sup>th</sup>
Bernie P	April 19 <sup>th</sup>
May M	April 21 <sup>st</sup>
Diana P	April 25 <sup>th</sup>
Harry M	April 27 <sup>th</sup>



## Here to Assist You

**Mary Zolno**

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**Kathy Lattanzi**

**Activity Director**

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## Tigers Home Opener

Friday, April 5<sup>th</sup> at 1:10pm

### 12:00pm Tailgating in the Activity Room

We will be grilling up some hot dogs and burgers as well as eating some peanuts and cracker jack before heading to the Bistro to watch the Detroit Tigers take on the Oakland A’s. Wear your Tiger’s gear.

## Culinary Combat

Friday, April 12<sup>th</sup> at

2:00pm



This month’s Cookoff will be in honor of the start of Baseball season. That’s right, I’m looking for cookies, cupcakes or whatever, but they need to be decorated for baseball. We always need judges to taste our creations, but there might be a second prize this time for looks as well. Play ball... or at least come taste one for the team.



## The Traveling Sales Gals

Tuesday, April 16<sup>th</sup>

1:00 – 3:00pm

We had such a great time when these ladies came in last fall so we invited them to come back. They have a variety of items for sale such as clothes, jewelry, snacks and knitted items. They also raffle off some items and everyone who

attends gets 1 free raffle ticket. Make sure you see Mary the Executive Director by Friday the 12<sup>th</sup> to let her know how much money you would like from your Trust Account



### Dress Up Days

Friday, April 5 <sup>th</sup>	Detroit Tigers
Monday, April 8 <sup>th</sup>	College Colors
Tuesday, April 16 <sup>th</sup>	Pajama Day
Thursday, April 25 <sup>th</sup>	Penguin Day
Sunday, April 28 <sup>th</sup>	Superhero Day

### Open Gym Mondays 1-2 pm

Don't forget to make use of the open gym on Mondays. Cher, our Occupational Therapist has the gym open for anyone who would like a little extra exercise. This is not a formal exercise or therapy session, but is a chance for you to come and use the equipment on your own with Cher there to answer questions and to offer advice.

### Spiritual Care Wednesdays at 10:30am

Catholic Communion & Rosary. This is held in the Chapel every Wednesday morning and gives you the opportunity to meet with these ladies from St. Renee.

### Goodlife Christian Church Tuesday the 2<sup>nd</sup> and Thursday the 18<sup>th</sup> both at 2pm.

Pastor Prout will bring a word of encouragement and lead us in a few hymns.

### Bible Study Friday, April 26<sup>th</sup> at 2pm

For this month's Bible study we will be looking at the lives of Abraham and Sarah. Feel free to join us as we look at this couple and their impact in the Bible.

#### Kathy's Korner

This month I am collecting recipes for fruits or vegetables and Baseball themed desserts.

"Find out who you are – and do it on purpose."

Dolly Parton

### Who am I?

She was born in England in 1926 and didn't become a household name until 10 years later when my Uncle abdicated the throne enabling my father to become King.



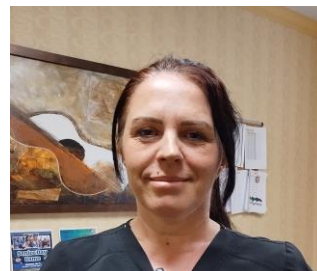
As a teenager during WW2, she made radio broadcasts to boost the morale of her countrymen. At 18 she joined the British Army and was trained as an auto mechanic.

In 1952 I became the queen of England at the death of my father and became the longest reigning monarch in British history. During the 2012 Olympic opening ceremony I was shown parachuting from a helicopter with the help of James Bond actor Daniel Craig. Although that was a stunt double, I did enjoy horseback riding and walking my beloved Corgis.



### Employee of the Month

**Marcella Jay- Dietary**  
Marcella always goes through the Dining Room making sure we are happy with our meals and making sure we have whatever we need. She also does it with a smile.



### Excellence in Action

**LaQuita Taylor- Med Tech**  
Quita fixed the TV for the Superbowl Party by working her magic!

### New and Familiar Faces



Joanne



Stahl's Auto Museum

