

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2024

Pomeroy Living Sterling Assisted

<p><b>1</b></p> <p>10:30am Catholic Communion- C 11:15am Exercise w/Cher- L 2:00pm Bingo- D 3:00pm Float Social- D 4:00pm Short Story- A1</p> <p><b>Lei Day</b></p>	<p><b>2</b></p> <p>10:30am Chair Exercise- L 11:00am Millionaire- L 2:00pm Hat Craft- A1 3:00pm Happy Hour/Jeopardy- A1 4:00pm Walking Club- L</p>	<p><b>3</b></p> <p>10:30am Cardio Drumming- L 11:00am Scattergories- L <b>12:00pm "Lunch Bunch-A1"</b> <b>2:30pm Golden Choraliers-L</b> 4:00pm Star of the Month- A1</p>	<p><b>4</b></p> <p><b>Happy Birthday Shay S &amp; Derrick L</b></p> <p>10:30am Chair Exercise- L 11:00am Blurt- L 2:00pm Bingo- D 3:00pm Horse Race Game- A1 4:00pm Walking Club- L <b>6:57pm Kentucky Derby- B</b></p>			
<p><b>5</b></p> <p>10:30am Chair Exercise- L 11:00am Stickman- L 2:00pm Dominoes- A1 3:00pm Cinco de Mayo-A1 4:00pm Coloring- A1</p> <p><small>Cinco de Mayo</small></p>	<p><b>6</b></p> <p>10:30am Chair Exercise- L 11:00am Crosswords- L 1:00pm Open Gym- T 2:00pm Manicures- A1 <b>3:00pm Music w/Scott- L</b> 4:00pm Room Visits</p> <p><b>Nurse Week</b></p>	<p><b>7</b></p> <p>10:30am Chair Exercise- L 11:00am Teacher Day- L 2:00pm Goodlife Church- L 3:00pm Painting- A1 4:00pm Walking Club- L</p>	<p><small>May Day</small></p> <p><b>8</b></p> <p>10:30am Catholic Communion- C 11:15am Exercise w/Cher- L 2:00pm Bingo- D 3:00pm Ice Cream Social- D 4:00pm VE Day- A1</p>	<p><b>9</b></p> <p><b>Happy Birthday Jessica P</b></p> <p>10:30am Chair Exercise- L 11:00am Word in a Word- L 2:00pm Cooking Group- A1 3:00pm Dominoes- A1 4:00pm Walking Club- L</p> <p><b>Crazy Sock Day</b></p>	<p><b>10</b></p> <p>10:30am Cardio Drumming- L 11:00am Flowers- A1 2:00pm Mother's Day Tea- A1 3:00pm Happy Hour/Jeopardy- A1 4:00pm LCR- A1</p>	<p><b>11</b></p> <p>10:30am Chair Exercise- L 11:00am Word in a Word- L 2:00pm Bingo- D 3:00pm Matinee- TR 4:00pm Walking Club- L</p>
<p><b>12</b></p> <p>10:30am Chair Exercise- L 11:00am Mother's Day Trivia- L 2:00pm Pokeno- A1 3:00pm Coffee &amp; Conversation- A1 4:00pm Humor- A1</p> <p><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p><b>13</b></p> <p>10:30am Chair Exercise- L 11:00am Resident Council- L 1:00pm Open Gym- T 2:00pm Skip Bo- A1 <b>3:00pm Music w/Gary P- L</b> 4:00pm Room Visits</p>	<p><b>14</b></p> <p><b>Happy Birthday Julie P</b></p> <p>10:30am Frodo Visit 10:30am Chair Exercise- L 11:00am Alphabet Game- L 2:00pm Spa Day- A1 3:00pm Hand Massages- A1 4:00pm Walking Club- L</p>	<p><b>15</b></p> <p>10:30am Catholic Communion- C <b>11:15am Movin &amp; Groovin-L</b> 2:00pm Bingo- D 3:00pm Chocolate Social- D 4:00pm Balloon Shoot- A1</p>	<p><b>16</b></p> <p><b>Happy Birthday Jalilah B</b></p> <p>10:30am Chair Exercise- L 11:00am Family Feud- L <b>1:30pm Detroit Historical Museum Outing</b></p>	<p><b>17</b></p> <p>10:30am Cardio Drumming- L 11:00am Headbandz- L 2:00pm Jewelry Making- A1 3:00pm Happy Hour/Jeopardy- A1 4:00pm What am I?- A1</p>	<p><b>18</b></p> <p>10:30am Chair Exercise- L 11:00am Word In A Word or Hangman- L 2:00pm Bingo- D 3:00pm Wii Games- TR 4:00pm Walking Club- L  6:50pm Preakness Post Time</p> <p><small>Armed Forces Day</small></p>
<p><b>19</b></p> <p>10:30am Chair Exercise- L 11:00am Trivial Pursuit- I 2:00pm Scrabble- A1 3:00pm Coffee &amp; Conversation- A1 4:00pm LCR- A1</p>	<p><b>20</b></p> <p>10:30am Chair Exercise- L 11:00am Crosswords- L 1:00pm Open Gym- T 2:00pm Manicures- A1 3:00pm Hand Massages- A1 4:00pm Room Visits</p> <p><b>Bee Day</b></p> <p><small>Victoria Day (Canada)</small></p>	<p><b>21</b></p> <p>10:30am Chair Exercise- L 11:00am Word in a Word- L 2:00pm Goodlife Church- L <b>3:00pm Birthday Party w/Dan- L</b> 4:00pm Walking Club- L</p>	<p><b>22</b></p> <p>10:30am Catholic Communion- C 11:15am Exercise w/Cher- L 2:00pm Bingo- D 3:00pm Fruit Social- D 4:00pm Frisbee Tic Tac Toe- A1</p>	<p><b>23</b></p> <p>10:30am Chair Exercise- L 11:00am Would U Rather?- L <b>1:00pm Staff Potluck</b> 2:00pm Wheel Wash- G 3:00pm Men's Group- A1 3:00pm Matinee- TR 4:00pm Walking Club- L</p>	<p><b>24</b></p> <p><b>Happy Birthday Janice P</b></p> <p>10:30am Cardio Drumming- L 11:00am Flowers- A1 2:00pm Pokeno- A1 3:00pm Happy Hour/Jeopardy- A1 4:00pm Know Your Neighbor- A1 <b>Tiara Day</b></p>	<p><b>25</b></p> <p><b>Happy Birthday Vanessa W</b></p> <p>10:30am Chair Exercise- L 11:00am Pictionary- L 2:00pm Bingo- D 3:00pm Matinee- TR 4:00pm Walking Club- L</p>
<p><b>26</b></p> <p>10:30am Chair Exercise- L 11:00am Which War?- L 2:00pm Bunco- A1 3:00pm Coffee &amp; Conversation- A1 4:00pm Golf Card Game- A1 <b>Indianapolis 500 12:30-4:00, NBC</b></p>	<p><b>27</b></p> <p>10:30am Chair Exercise- L 11:00am Crosswords- L 1:00pm Open Gym- T 2:00pm Manicures- A1 3:00pm Hand Massages- A1 4:00pm Room Visits</p> <p><b>Wear Red, White &amp; Blue</b></p> <p><small>Memorial Day</small></p>	<p><b>28</b></p> <p>10:30am Frodo Visit 10:30am Chair Exercise- L 11:00am Never Have I Ever-L 2:00pm Bible Study- C 3:00pm Craft- A1 4:00pm Walking Club- L</p>	<p><b>29</b></p> <p><b>Happy Birthday Lara K</b></p> <p>10:30am Catholic Communion- C 11:15am Exercise w/Cher- L 2:00pm Bingo- D 3:00pm Bingo Store- A1 4:00pm Olympics- L</p> <p><b>Senior Health &amp; Fitness Day</b></p>	<p><b>30</b></p> <p><b>Happy Birthday Laila M</b></p> <p>10:30am Chair Exercise- L 11:00am Scattergories- L <b>12:00pm BBQ- G</b> 2:00pm Cranium Crunches- A1 <b>3:00pm Music w/Jeff- L</b> 4:00pm Walking Club- L</p>	<p><b>31</b></p> <p><b>Happy Birthday Ashley Y</b></p> <p>10:30am Cardio Drumming- L 11:00am Name 5- L 2:00pm Cooking Group- A1 3:00pm Happy Hour/Jeopardy- A1 4:00pm Who am I?- A1</p>	<p><b>Locations:</b> L- Lobby D- Dining Room A1- 1<sup>st</sup> Floor Activity Room C- Chapel T- Therapy Room TR- Theater Room G- Gazebo B- Bistro</p>