

Pomeroy Living Sterling

Assisted Living | 2200 15 Mile Rd. Sterling Heights, MI 48310 | (586) 554-7200 |



Outings for the Month

Detroit Historical Museum

Thursday, May 16th at 1:30pm

There is a charge of \$8 per senior, so make sure you have money in your trust account to sign up for this. The museum has a number of permanent exhibits showing locations around Detroit as well as some traveling exhibits that change.

“Lunch Bunch”

Friday, May 3rd at Noon

Pancho Villa’s Mexican Food. We will order a variety so you can try multiple things. Make sure you have money in your Trust Account.

Entertainment for May

Friday, May 3rd at 2:30pm

The Golden Choraliers

This is a group of seniors who loves to travel to different senior facilities to entertain. I always hear some familiar songs as well as something new.

Monday, May 6th at 3pm

Music with Scott

Scott plays the keyboards and sings songs mostly from the 60’s and 70’s.

Monday, May 13th at 3pm

Music with Gary P

The man in black will be here to sing Country and Patriotic songs today.

Wednesday, May 15th at 11:15am

Movin’ & Groovin with Kathleen

It’s not really exercise when you are singing and dancing to the music.

Tuesday, May 21st at 2pm

Birthday Party with Dan

Dan plays the piano and leads us in a sing along of familiar songs from the 40’s-70’s. We will celebrate the birthdays this month, too.

Thursday, May 30th at 3pm

Music with Jeff

Come early to get a good seat anytime Jeff is here to sing for us.

May Birthdays

Those born between May 1–20 are Bulls of Taurus. Bulls show a steady persistence in both professional and personal endeavors. After working hard, they like to reward themselves for a job well done. If you were born between May 21–31, you are a Twin of Gemini. Geminis make communicative and lively companions. Intellectual and imaginative, they are the ones to sit near at a party.

- James Brown (musician) – May 3, 1933
- Gary Cooper (actor) – May 7, 1901
- Don Rickles (comedian) – May 8, 1926
- Joe Louis (boxer) – May 13, 1914
- Tori Spelling (actress) – May 16, 1973
- Cher (singer) – May 20, 1946
- Mary Cassatt (artist) – May 22, 1844
- Ian Fleming (writer) – May 28, 1908
- Mel Blanc (voice actor) – May 30, 1908
- Brooke Shields (model) – May 31, 1965

Happy Birthday!

Yvette J	May 1 st
Shay S	May 4 th
Jessica P	May 9 th
Julie P	May 14 th
Janice P	May 24 th
Vanessa W	May 25 th
Lara K	May 29 th
Laila M	May 30 th
Ashley Y	May 31 st



Here to Assist You

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Mother’s Day Tea

Friday, May 10th at 2:00pm

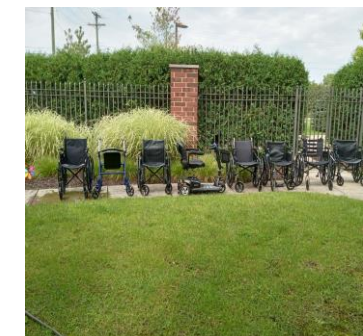
Whether or not you are a mother, all ladies are invited to the Mother’s Day tea. We will be having snacks, a little trivia, and you get to pick out a small gift.



Wheel Wash

Thursday, May 23rd at 2pm

Now that the weather is cooperating a little more, the Activity Staff will be back to work cleaning walkers and wheelchairs for you out at the Gazebo. Let your care staff know that you want your equipment cleaned and we will



take care of that for you.

May Barbecue

Thursday, May 30th at Noon

Once a month throughout the summer we like to head outside for a barbecue. Mickey will fire up the grill and cook some great food



for us. There’s usually burgers and dogs, but she sometimes also cooks sausage and chicken wings. There will be potato salad, beans and all the fixings, too. This summer we get to be in the back by the Gazebo since we have enough room to be outside now.

Pictures

Do you have any pictures of you as a child? How about a picture of your mom or dad? Please give them to the Activity Department for a game they are working on.

Dress Up Days

Wednesday, May 1st Lei Day
Thursday, May 9th Crazy Sock Day
Monday, May 20th Bee Day
Friday, May 24th Tiara Day
Monday, May 27th Memorial Day
Wednesday, May 29th Senior Health & Fitness

Open Gym Mondays 1-2pm

Don't forget to make use of the open gym on Mondays. Cher, our Occupational Therapist, has the gym open for anyone who would like a little extra exercise. This is not a formal exercise or therapy session, but is a chance for you to come and use the equipment on your own with Cher there to answer questions and to offer advice.

Spiritual Care Wednesdays at 10:30am

Catholic Communion & Rosary. This is held in the Chapel every Wednesday morning and gives you the opportunity to meet with the ladies from St. Renee.

Goodlife Christian Church Tuesday the 7th and 21st at 2:00pm

Pastor Prout will bring a word of encouragement and lead us in a few hymns with the help of Arlene on the piano.

Bible Study Tuesday, May 28th at 2:00pm

We will be going back to the story of Abraham and Sarah this month since there is still so much to learn. All are welcome to join.

Kathy's Korner

This month I am collecting entrée recipes
Trash to Treasure coming in June, so the Activity Staff is starting to take donations.
"I try to make the good days great and take something positive from the days I'm not feeling good."

-Katie Leducky, US Olympic Swimmer

Who am I?



Known as "the man of the 1,000 voices" he is the most prolific actor to ever work in Hollywood with over a thousand screen credits. He developed and performed nearly 400 distinct character voices with precision and a uniquely expressive vocal range. He was on radio, TV, movies and cartoon shorts, although rarely seen by the audience.

When he was in a coma and didn't revive, a doctor eventually asked him "Bugs? Bugs Bunny? Are you in there?" And he responded in the correct voice "What's up, Doc?" After speaking with several other voices, he came out of the coma.

The epitaph on his tombstone says "That's all, Folks."

Employee of the Month Jasmin Fogue- Caregiver

Jasmin always has a positive attitude and treats our residents and their families with the highest level of respect and compassion.

Excellence in Action

Aiden Jacob- Activities Assistant Director
Aiden came in to work a few hours on a day off when the assigned staff called off for the day and we had a party scheduled.



New and Familiar Faces



Maury A



Mary S



Betty A



Eugene L



Bob P