

June Events

Monday, 6/9, at 1:15pm: Belle Isle Nature Center
This is a free event. We will do a self-guided tour of the Belle Isle Nature Center. Bus spots are limited!

Thursday, 6/12, at 2pm: Trash to Treasure in the Lobby
Our biannual Trash to Treasure sale is back! First come, first serve for the items donated by so many lovely people! Clothing, accessories, books, décor, and more!

Friday, 6/13, at 12pm: Lunch Bunch in the First Floor Activity Room
Make sure you have money in your trust account if you want to participate in this one. We'll be ordering from Aliz SeaFood House at 15 Mile and Ryan.

Friday, 6/20, at 12pm: June Barbeque in the Gazebo
Chef Mickey grills a mean hamburger, so join us to celebrate summer's arrival! (We will move inside for inclement weather)

Tuesday, 6/24, at 2pm: Spa Day in the First Floor Activity Room
Join us for a foot bath and massage, stick around for a facial and manicure!

June Entertainment

Sunday, 6/1, at 3:30pm: Detroit Catholic Singles in the Lobby
The Detroit Catholic Singles are back with some Springtime Caroling!

Wednesday, 6/4, at 11:15am: Movin' & Groovin' with Kathleen in the Lobby
Kathleen returns to make us move in our seats and sing our hearts out!

Tuesday, 6/10, at 3:00pm: Birthday Party with Jeff the Entertainer in the Lobby
The best gift for June birthdays is Jeff the Entertainer coming to sing!

Sunday, 6/17, at 3:00pm: Music with Anna in the Lobby
Anna is coming to Pomeroy for the first time! She sings songs from the 30s to the 60s.

Monday, 6/23, at 2:00pm: Beats with Ben in the Lobby
Have you ever heard a steel drum played? Here's your chance! Beats with Ben will be a fun time for all!

June Birthdays

In astrology, those born between June 1–21 are Gemini's Twins. Geminis love conversation, and they're good at it too! Witty, intellectual, curious, charming, and imaginative, they're often the life of the party. If you were born between June 22–30, that makes you a Crab of Cancer. Crabs are nurturers, dedicated to their home and family. Gentle and kind, they love storytelling around the dinner table and enjoy upholding traditions. Celebrities born in June include:

Andy Griffith (actor) – June 1, 1926
Morgan Freeman (actor) – June 1, 1937
Curtis Mayfield (singer) – June 3, 1942
Dean Martin (singer, actor) – June 7, 1917
Joan Rivers (comedian) – June 8, 1933
Gene Wilder (director) – June 11, 1933
Burl Ives (singer) – June 14, 1909
Meryl Streep (actress) – June 22, 1949
June Carter Cash (singer) – June 23, 1929
Mel Brooks (actor) – June 28, 1926



Cat	June 2 nd
April	June 5 th
Tonia	June 7 th
Joe	June 9 th
Jean	June 10 th
Destiny	June 10 th
Candace	June 12 th
Shanequah	June 12 th
Denise	June 15 th
Marge M.	June 17 th
Katrina	June 18 th
Alauna	June 21 st
Bethann	June 24 th
Anneliese	June 26 th
Ulynn	June 27 th
Tameca	June 28 th
Janaye	June 29 th
Tony	June 30 th

Pomeroy Living

Assisted Living | 2200 15 Mile Rd, Sterling Heights, MI 48310 | (586) 554-7200



Here to Assist You

Mary Zolno
Executive Director
execsa@pomeroyliving.com

Tammy Barkho
Leasing Director
leasingsa@pomeroyliving.com

Robyn Lanson
Director of Wellness
dowsa@pomeroyliving.com

Stephanie Noble
Housekeeping Supervisor
hksa@pomeroyliving.com

Michelle Burse
Executive Chef
chefsa@pomeroyliving.com

Lauren Sharp
Human Resources
hrrsa@pomeroyliving.com

Maintenance Supervisor
maintenancesa@pomeroyliving.com

Aiden Jacob
Activity Director
activitysa@pomeroyliving.com



June 20th marks the start of summer with the longest day of the year, but even before then, the temperature is warming up. With more consistent warm days means the Gazebo is opening. When going out, remember to wear proper sun protection (long sleeves, hats, sunglasses), put on sunscreen (SPF 50 is a good start), and drink plenty of water (ice or not is up to you). If you are going to spend time outdoors, or you're taking a loved one outside to the Gazebo, please let the care staff and receptionist know.

Trash to Treasure

Thank you to the many families who donated items to the Trash to Treasure! We will still take items *until June 11th*, the day before the sale. Families of residents are also invited to shop, but it will be residents who are served first. Anything left can then be picked through by families and staff. Any items that are left after that will be donated to Vietnam Veterans of America.



“Don’t be afraid to go out on a limb. It’s where all the fruit is.”

-Shirley MacLaine

Spirit Week:

- Monday 6/16
- Tuesday 6/17
- Wednesday 6/18
- Thursday 6/19
- Friday 6/20
- Safari Day
- Silly Prints & Scrubs Day
- Superhero Day
- Juneteenth
- Rainbow Day

Catholic Communion & Rosary
Every Wednesday at 10:30am

This is held in the chapel every Wednesday morning with the ladies from St. Renee.

Goodlife Church
Tuesdays, June 3rd and 17th at 2:00pm

Pastor Prout will bring a word of encouragement and lead us in a few hymns.

Bible Study
Thursday, June 19th at 2:00pm

Join us in the chapel as we start a study on biblical flowers and food.

Open Gym
Every Monday from 1-2pm

Cher, the Occupational Therapist, oversees the gym each week. This is not a formal therapy session but is a chance for you to use the equipment in the gym with supervision.

John Anthony Salon
Thursdays from 9:30am to 3:00pm

Please see the receptionist to make an appointment with Jan, the stylist. You need a signed consent form and a credit card on file. Gratuities are cash only.

Aiden’s Addition

The cookbook is still available for purchase. It’s now \$15 and can be ordered in person from me, or send a message to my email address: activitysa@pomeroyliving.com. Proceeds will go towards the Activity Budget for high ticket items such as sporting/games supplies and the Bingo Store.

Who am I? Answer: William Ralph Blass, aka Bill Blass

Housekeeping Reminder: Spring is becoming summer; you may be getting new clothes/bedding that is more appropriate for the weather. Please make sure that your family drops those items off with the receptionist for labeling. If you have any questions, don’t hesitate to reach out to Stephanie, the Housekeeping Director.

Who am I?



I was an American fashion designer. I was the recipient of many fashion awards, including seven Coty Awards and the Fashion Institute of Technology's Lifetime Achievement Award (1999). At fifteen, I began sewing and selling evening gowns for \$25 each to a New York manufacturer. At eighteen, I was the first male to win Mademoiselle's Design for Living award.

In 1943, I enlisted in the army, and was assigned to the 603rd Camouflage Battalion, aka the Ghost Army. After the end of World War II, I returned to the world of fashion. I bought the company I had been working for in 1970 and changed its name. I was the first American couture fashion designer to start a men’s ware line.

In 2000, I penned an autobiography after an oral cancer diagnosis, and I passed away in 2002.



Employee of the Month:
Marcela Jay- Dietary Supervisor

Marcela isn’t just a server in our dining room, but a cook as well! She learned the position on the spot when an emergency came up leading us to not having a cook one day. Marcela covered the shift on short notice and

became an impromptu cook. Thank you, Marcela, for your dedication!

Excellence in Action: Judith
George- Caregiver

Judith makes sure her residents are well taken care of and have smiles on their faces. She is always ready to help Activities, build up relationships with residents, and has a wicked sense of humor. Thank you, Judith, for your help!



May in Review



Canine Coworkers

Though the Friday after Father’s Day (June 20 this year) is widely celebrated as Take Your Dog to Work Day, not every workplace is welcoming to furry companions. Then again, large companies like Procter & Gamble, Amazon, and Google have more lax rules about allowing pets in the office. Why? Pets in the office can boost morale and lower stress. Bringing your dog—or cat, bird, fish, or hamster—makes many people healthier and happier at work.

Companies can make bringing animals to work easier by making work pet friendly. Grassy areas give dogs a place to relieve themselves. Some offices even provide special dog water fountains and free biscuits. Owners just have to remember to bring their leashes, treats, beds, and bowls. Of course, not every dog is meant for the workplace. Poorly trained or barking pooches might have to stay home. On the other hand, bringing your dog to the office might be good for its health, too. Perhaps a nine-to-five routine is just what the veterinarian ordered.