Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pomeroy	ILLY 2025 Rochester ry care	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	1 10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 11:15 Sing-along 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 11:15 Ball Drumming 2-4pm Beacon of Light 4:00 D&A Duo 6:00 Evening TV	10:00-11:00 Beacon of Light 10:30 Morning Stretch 11:00 Daily Chronicles 1:00pm Aromatherapy 2-4pm Beacon of Light 3:30 - 4:30 Social Hour
6	7	Canada Day	8	9	Independence Day (US)	11 12
3:30 - 4:30 Social Hour	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 2:30 Craft 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00-11:00 Beacon of Light 10:30 Morning Stretch 11:00 Daily Chronicles 1:00pm Aromatherapy 2-4pm Beacon of Light 3:30 - 4:30 Social Hour
	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 3:30 Craft 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	17 10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	18 10:00-11:00 Beacon of Light 10:30 Morning Stretch 11:00 Daily Chronicles 1:00pm Aromatherapy 2-4pm Beacon of Light 3:30 - 4:30 Social Hour
	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 2:00 Rick and Dayna 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	25 10:00-11:00 Beacon of Light 10:30 Morning Stretch 11:00 Daily Chronicles 1:00pm Aromatherapy 2-4pm Beacon of Light 3:30 - 4:30 Social Hour
	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 11:15 Sing-along 2-4pm Beacon of Light 4:00 Music 6:00 Evening TV	10:00 Friendly Visits 10:30 Morning Stretch 11:00 Daily Chronicles 1:00 Trivia 2-4pm Beacon of Light 3:00 Ball Drumming 4:00 Music 6:00 Evening TV	31	

Activities are subject to change.