

October Events

Monday, 10/6, leaving at 2pm: Cider Mill Outing to Westview Orchard

We will be taking our annual cider mill trip to Westview Orchards for cider and donuts!

Friday, 10/10, at 12pm: Lunch Bunch in the First Floor Activity Room

Lunch Bunch is back, and this month we will order from Jet's Pizza. Money is needed for this.

Saturday, 10/11, at 2pm: Trick or Treat/Costume Parade in the Lobby

Family and Friends, bring the kids to join us for Trick or Treating in the lobby as part of our Costume Parade!

Tuesday, 10/14, leaving at 1:30pm: Outing to Stahl's Automotive Museum

We are going to Stahl's Automotive Museum where the classic car thrives, and organ music fills our ears. This is a free outing.

Thursday, 10/16, at 2pm: Traveling Sales Gals Craft & Vendor Show in the Lobby

Roxanne and her crew are back for another craft show. You'll want money for this event.

Friday, 10/24, at 6pm: Trunk or Treat in the Parking Lot

In conjunction with Tammy from Leasing, our 2nd Annual Trunk or Treat will be happening in the parking lot. Come pass out candy with us!

Friday, 10/31, at 2pm: Halloween Party in the Dining Room

Join us for Halloween fun, treats, and tricks!

October Entertainment

Wednesday, 10/1, at 11:15am: Movin' & Groovin' with Kathleen in the Lobby.

Let's welcome Kathleen back for another music and exercise class!

Friday, 10/9, at 11am: Music with Henrik in the Lobby.

Henrik is back to give us another lesson about the violin and viola.

Thursday, 10/23, at 3pm: Birthday Party with Gary P. in the Lobby.

Gary's back, taking us on a Motown-Country journey for our October Birthdays!

Tuesday, 10/28, at 3pm: Music with Frank in the Lobby.

The sweet sounds of Frank playing his guitar are coming back.

Thursday, 10/30, at 3pm: Magic with John Russell in the Lobby.

John Russell is back with his Halloween Show!

October Birthdays

In astrology, those born between October 1–22 balance the scales of Libra. Libras seek harmony and value fairness and justice. Although they'd rather avoid conflict, they are excellent team players—tactful and polite at soothing those embroiled in an argument. If you're born between October 23–31, you are a Scorpio. Scorpions are powerful investigators who stay abreast of all the comings and goings of their peers, take control, and lead the way to success. Celebrities born in October include:

Groucho Marx (comedian) – Oct. 2, 1890
Margaret Thatcher (PM) – Oct. 13, 1925
Roger Moore (actor) – Oct. 14, 1927
Evel Knievel (daredevil) – Oct. 17, 1938
Jennifer Holliday (performer) – Oct. 19, 1960
Joyce Brothers (doctor) – Oct. 20, 1927
Mickey Mantle (ballplayer) – Oct. 20, 1931
Annette Funicello (performer) – Oct. 22, 1942
Jonas Salk (scientist) – Oct. 28, 1914



Charlie Ann	Oct 8 th
Travion	Oct 9 th
Dorothy	Oct 19 th
Kenya	Oct 20 th
Nicole M.	Oct 24 th
Kayla	Oct 28 th
DaKeira	Oct 29 th
Florine S.	Oct 30 th



Pomeroy Living

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October at Pomeroy Living



We have three Halloween events this month:
October 11th- Trick or Treating and Costume Parade
October 24th- Trunk or Treat
October 31st- Halloween Party

We would love to see everyone's costumes, pass out candy, and play a trick or two!

Our other events include:
October 6th- Cider Mill Outing
October 10th- Lunch Bunch
October 14th- Stahl's Automotive Outing
October 16th- Traveling Sales Gals

Bi-annual Trash to Treasure

On December 11th, we will host our Bi-annual Trash to Treasure for our residents who would like to do some shopping for Christmas. Clothing (men and women's), winter gear, accessories, home décor, gift items, and gift bags/wrap would be greatly appreciated. We will accept donations until December 9th at 5pm. All leftovers will be donated to the Vietnam Veterans of America. Donations can be left in the Activity Office.

Calendar Change

Starting this month, we are adding an evening activity on Thursdays at 6pm. This activity slot will be for Game Nights, with a different game featured each week. If you have a game suggestion, please reach out to let us know!



Spirit Days

Thursday, 10/2, is **Oktoberfest!**

Saturday, 10/11, is **Costume Parade!**

Friday, 10/24, is **Trunk or Treat!**

Friday, 10/31, is **Halloween Night!**

Catholic Communion & Rosary

Every Wednesday at 10:30am

This is held in the chapel every Wednesday morning with the ladies from St. Renee.

Goodlife Church

Tuesdays, October 7th & 21st at 2:00pm

Pastor Prout will bring a word of encouragement and lead us in a few hymns.

Bible Study

Friday, October 17th at 2:00pm

Join us in the chapel as we discuss Jonah and the Whale.

Open Gym

Every Wednesday from 10-11am

Cher, the Occupational Therapist, oversees the gym each week. This is not a formal therapy session but is a chance for you to use the equipment in the gym with supervision.

John Anthony Salon

Thursdays from 9:30am to 3:00pm

Please see the receptionist to make an appointment with Jan, the stylist. You need a signed consent form and a credit card on file. Gratuities are cash only.

Aiden's Addition

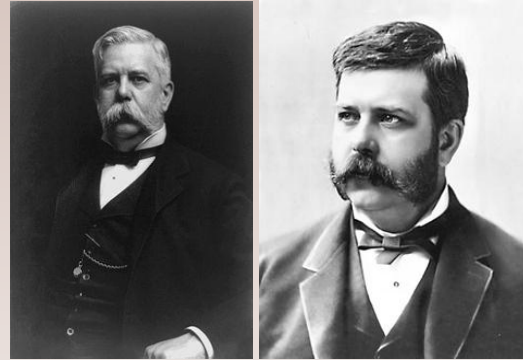
If you would like to make donations to the Activity Department, please contact me for our list. We have monthly Bingo Store needs, and some larger items that would be nice to have.

The cookbook is also for sale at \$15. The proceeds go to covering supply needs.

~~Who am I? Answer: George Westinghouse, Jr.~~

Housekeeping Reminder: Fall is here, and you may be getting new clothes and bedding that is more appropriate for the weather. Please make sure that your family drops those items off with the receptionist for labeling. If you have any questions, don't hesitate to reach out to Stephanie, the Housekeeping Director.

Who am I?

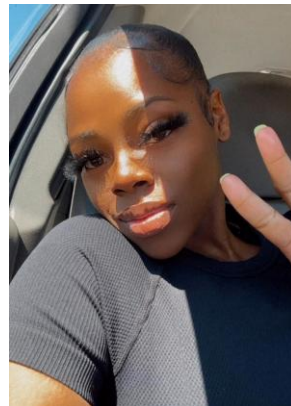


I was born on October 6th, 1846, and I was a contemporary of Thomas Edison and Nikola Tesla. I served in the Union Army in 1863 and the Union Navy from 1863 to 1865.

My father was a businessman, and from him, I was encouraged to become one myself. I was also an inventor. I designed and patented the railroad airbrake system in 1868 at the age of 23. In total, I received 360 patents from the United States, numerous more overseas, created 60 companies, received 10 awards/honors in my life and 12 more after my death. I passed away on March 12th, 1914.

Employee of the Month: Delana Fuggerson – Care Giver

Delana is a hard worker, always coming in, picking up shifts, getting straight to work, and makes sure her team is getting the support they need. An exemplary person, let's give a round of applause for Delana!



Excellence in Action: Tykeissa Watkins – Med Tech

Ty pays attention to all her residents. This attention prevented an issue that could have escalated, showing that she is proactive and aware of her residents' needs. Thank you, Ty, for your action!

September in Review



Street Eats Hit the Road

While Oscar Mayer's hot-dog-shaped Wienermobile may be the best-recognized food-themed truck around, it's the food made on trucks that brings customers to the curb. Rather than make a reservation at a fancy restaurant, hungry foodies visit parking lots to find open-sided trucks serving sushi, tacos, Brazilian barbecue, Jamaican chicken, brick-oven pizza, pancakes, cupcakes, cookies, and even vegan and gluten-free menus. October is a great time to visit your favorite food trucks before they close or reduce hours for the winter.

It's no wonder chefs have turned to restaurants on wheels. Even small restaurant spaces can cost millions of dollars to build and maintain, while a truck costs a mere fraction of the price. Even better, food trucks can go where the people are, sometimes making many stops over the course of the day. Food truck owners often post their locations and menus on social media to notify fans. Once you know a truck's location, just plan your lunch hour accordingly and step outside. Food trucks truly are a food revolution.

