

## Events in March

**Thursday, 3/5, at 2:00pm: Music with Gary in the Lobby.**

Gary Pillow, our Rhinestone Cowboy, is back in the building! Let's listen to his sultry voice sing a mix of Motown and Country.

**Tuesday, 3/10, at 3:00pm: Music with Marie Kravetz in the Lobby.**

We love Marie! She's back with style, singing songs from the 50s and 60s just to keep us on our toes!

**Thursday, 3/12, at 2:00pm: Travelin' Sales Gals Craft & Vendor Show in the Lobby.**

Roxanne and her crew are bringing the goods to us! You will need cash for this event, though cards are accepted at some vendors.

**Friday, 3/13, leaving at 12:30pm: Outing to Chippewa Valley High School**

Chippewa Valley High School's Drama Club is putting on a production of, "Pride and Prejudice," with a special showing for seniors at 1:30pm. The cost of the ticket is \$5. We have 10 seats reserved for residents and 5 seats for family members. Parking is free, we ask that family meet us at CVHS.

**Monday, 3/16, at 2:00pm: St. Patrick's Day Party in the Lobby.**

Let's celebrate the Irish with a St. Patrick's Day Party! Join us for food, music, and raucous merriment!

**Thursday, 3/19, at 3:00pm: Birthday Party with Steve E. in the Lobby.**

Swing dancin' and croonin' Steve is back to celebrate our March birthdays with us!

**Tuesday, 3/24, at 11:00am: Music with Henrik in the Lobby.**

The violinist, Henrik, returns with more classic and folk pieces. He gives great history lessons about each piece he plays.

**Friday, 3/27, at 2:00pm: Music with Travelin' Bob in the Lobby.**

Let's welcome Travelin' Bob for his first show with us! He auditioned in January and made the cut with a fun assortment of music!

## March Birthdays

In astrology, those born between March 1–20 are Pisces. These Fish are spiritual types who feel comfortable in their introspective natures. As passionate, romantic, creative dreamers, they are charitable helpers who "go with the flow." Those born between March 21–31 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. For these eternal optimists, no odds are ever considered insurmountable.

Lou Costello (comedian) – March 6, 1906  
 Liza Minnelli (entertainer) – March 12, 1946  
 Ozzie Nelson (TV dad) – March 20, 1906  
 Fred Rogers (TV host) – March 20, 1928  
 Marcel Marceau (mime) – March 22, 1923  
 Fannie Farmer (cook) – March 23, 1857  
 Walt Frazier (athlete) – March 29, 1945  
 Vincent van Gogh (painter) – March 30, 1853  
 Shirley Jones (actress) – March 31, 1934



Eleanor	March 6 <sup>th</sup>
Daija	March 7 <sup>th</sup>
Junior	March 7 <sup>th</sup>
Nicole P.	March 8 <sup>th</sup>
Charlene	March 13 <sup>th</sup>
Arkayla	March 18 <sup>th</sup>
Gerri	March 21 <sup>st</sup>
Frances	March 24 <sup>th</sup>
Lacey	March 26 <sup>th</sup>
Jean H.	March 27 <sup>th</sup>
Shirley	March 29 <sup>th</sup>

# Pomeroy Living

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## Here to Assist You

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## Spring comes Marching In

For our planet and garden enthusiasts, March is when we pick up Garden Club! This year's plan is to use last year's Sweet Pea, Green Bean, and Sunflower harvest seeds, and add Marigolds, Cucumbers, Tomatoes, Sweet Peppers, and Beets. Our first 2026 Garden Club meeting will be held on March 6<sup>th</sup> at 2pm in the First Floor Activity Room. Assisted Living and Memory Care residents are all invited to join!

## Spreading Light & Kindness

Klara, a Young Adult Bible Group advisor, reached out to the Activities Department wanting to spread some light and kindness to our residents. On March 21<sup>st</sup>, at 11am, she and her group will be coming in to provide our residents with games, discussion, and a Mediterranean style lunch! As food will be provided by the group, there is a sign-up sheet for this event at the reception desk. This event is free to attend but is limited to those who have signed up. Assisted Living and memory Care residents are all invited to join.

## Lunch with Bunny

Last year we had Brunch with Bunny, but this year we invite you to have Lunch with Bunny instead! The Easter Bunny will be coming in to visit the residents, and we would love to have family and friends of residents and staff come to join in the fun. We'll have a photoshoot with Bunny, followed by a Scavenger Hunt for a prize, and ending with a scrumptious lunch. We ask that family and friends RSVP at the reception desk for lunch at the cost of \$15 a person. 🐰

**SPIRIT WEEK**

- 3/16 Monday: **Clovers Galore Day**
- 3/17 Tuesday: **St. Patrick's Day**
- 3/18 Wednesday: **Mix Match Day**
- 3/19 Thursday: **Cowboy Day**
- 3/20 Friday: **First Day of Spring**

**Catholic Communion & Rosary**

Every Wednesday at 10:30am

This is held in the Lobby every Wednesday morning with the ladies from St. Renee.

**Goodlife Church**

Tuesdays, March 3<sup>rd</sup> & 17<sup>th</sup> at 2:00pm

Pastor Prout will bring a word of encouragement and lead us in a few hymns in the Lobby.

**Bible Study**

March 10<sup>th</sup> at 2:00pm

Join us in the Lobby as we discuss Biblical Occupations and The Silent Years.

**Open Gym**

Every Wednesday from 10-11am

Ami, the Physical Therapist, oversees the gym each week. This is not a formal therapy session but is a chance for you to use the equipment in the gym with supervision.

**John Anthony Salon**

Thursdays from 9:30am to 3:00pm

Please see the receptionist to make an appointment with Jan, the stylist. You need a signed consent form and a credit card on file. Gratuities are cash only.

**Aiden's Addition**

I want to say thank you to the Sperry, Jesswein, Linville, and McVety families for their much-needed help at the Valentine's Day Party! Without you, our day would have been a little bit harder than it needed to be. And thank you to Queenie for her part in our Lunar New Year Greeting; **you** made the event what it was!

Who am I? Answer: Eleanor "Sis" Daley, Irish American First Lady and First Mother of Chicago!

**Housekeeping Reminder:** *Winter is coming to an end,* and you may be getting new clothes and bedding that is weather-appropriate. Please make sure that those items are dropped off with the receptionist for labeling. If you have any questions, don't hesitate to reach out to Stephanie, the Housekeeping Director.

**Who am I?**



I was born on March 4<sup>th</sup>, 1907, and passed away February 16<sup>th</sup>, 2003. I was the First Lady of Chicago from 1955 to 1976. Of my 7 children, one became the Mayor of Chicago, one served as U.S. Secretary of Commerce, and one was a member of the Cook County Board of Commissioners.

While I had no say in my husband's running of Chicago, there were instances where I influenced social politics. In 1972, developers had obtained the city's tentative approval of a proposal to tear down the old Chicago Public Library downtown and replace it with a modern office tower. Asked my view of the proposal by a *Chicago Tribune* reporter, I observed that I had used the library as a child and said of the demolition, "I don't think that would be nice." Soon after, a city commission unanimously voted down the project.

**Employee of the Month: Justice Walker – Care Staff**

The person who nominated Justice had this to say: "I feel Justice is a very hard worker. She is always there when you need her, she is very good at taking care of the residents. She is a very kind-hearted person." Thank you, Justice, for having the qualities it takes to be a care giver!

**Excellence in Action: Sara Bauer – Care Staff**

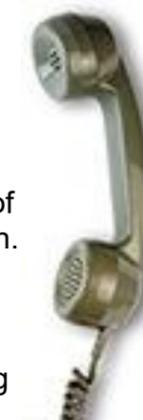
Sara has shown time and again that she is compassionate. "Whenever she is assigned to Memory Care, she is in the Dining Room with the residents, working to keep them engaged," said the person who nominated her. Thank you, Sara, for being there for our Memory Care residents. It means more than you'd ever know!

**FEBRUARY IN REVIEW:**



**Last Call for Landlines**

After a long lifetime, more than 100 years, America's telephone infrastructure is showing its age. Disappearing, too, are the engineers and technicians who maintain traditional landline service, according to professor of telecommunications Rob Frieden. Not so fast, say those who celebrate Landline Telephone Day on March 10. Consumer Reports still recommend keeping a landline: sound quality is often better, and because numbers are directly linked to a home address, emergency calls from landlines remain highly reliable. When power goes out, some landlines continue to work, thanks to backup batteries, though these are becoming less common. Telephone companies, however, are shifting to digital networks that are cheaper to maintain. So, enjoy landlines while you can—before they disappear.



**LET'S SAY, "HELLO," TO MARCH!**