

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Pomeroy Assisted Living



1	2	3	4	5	6	7
10:00-St. Joseph Catholic Church - TV Broadcast Sunday Mass 10:30-Daily Chronicle 2:30--Bingo	10:30 Morning Stretch & Tone 11:00-Daily Chronicle 2:00-Groundhog Day Card Game 4:00-Happy Hour/Pictionary 6:00-Movie-Groundhog Day Groundhog Day	10:30-Table Hockey 11:00-Daily Chronicle 2:00-Tai Chi/Qigong for Beginners (EC) 4:15-Happy Hour/Game Time	10:30- Daily Chronicle 11:00- Holy Communion (EC) 2:00 -Card Club 4:15-Happy Hour/Trivia	10:30-Morning Stretch 11:00-Daily Chronicle 2:00-Live Music W/Steph Pawl (EC) 4:15-Happy Hour/Game Time	10:30-Sit to be Fit 11:00--Daily Chronicle 2:00-Valentine Day Craft 4:15-Special Chinese Happy Hour/Trivia 6:00-Friday Movie Night	10:00-Saturday Stretch 11:00-Daily Chronicle 2:30-Name that Tune 4:30-Happy Hour
8	9	10	11	12	13	14
10:30-Chronicle 11:00-Sunday Service with Father John (EC) 2:30-Bingo 6:00-Superbowl LX	10:30 Daily Chronicle 11:15-Chair Yoga 2:00-Reflexology Class-Rochester Holistic Therapy (EC) 4:00-Happy Hour/Pictionary	10:30-Sit to be Fit 11:00-Daily Chronicle 2:00-Tai Chi/Qigong for Beginners (EC) 4:15-Happy Hour/Game Time	10:30- Daily Chronicle 11:00- Holy Communion (EC) 2:15-Cooking Demonstration-Lettuce Wraps 4:15-Happy Hour/Trivia	10:30-Morning Stretch 11:00-Daily Chronicle 2:00-Eisenhower Dance Movement Workshop (EC) 4:15-Happy Hour	10:30-Sit to be Fit 11:00--Daily Chronicle 4:15-Special Chinese Happy Hour/Trivia 6:00-Valentine's Day Party W/Live Music from Marco Floyd & Derek	10:30-Morning Stretch 11:00-Daily Chronicle 2:30-Valentines Day Dice Game 4:15-Happy Hour Valentines Day Valentine's Day
15	16	17	18	19	20	21
10:00-St. Joseph Catholic Church - TV Broadcast Sunday Mass 10:30-Daily Chronicle 2:30-Bingo	10:30 Morning Stretch & Tone 11:00-Daily Chronicle 2:00-Presidents Day Craft Project 4:15-Happy Hour/Pictionary Presidents' Day (U.S.)	10:30-Sit to be Fit 11:00-Daily Chronicle 2:00-Tai Chi/Qigong for Beginners (EC) 4:15-Happy Hour/Game Time	10:30- Daily Chronicle 11:00- Holy Communion (EC) 2:00-Card Club 4:15-Happy Hour/Trivia	10:30-Morning Stretch 11:00-Daily Chronicle 2:00-Noodle Hockey 4:00-Happy Hour/Games	10:30-Sit to be Fit 11:00--Daily Chronicle 4:15-Special Chinese Happy Hour/Games 6:00-Friday Movie Night	10:00-Saturday Stretch 11:00-Daily Chronicle 2:30--SkipBo 4:30-Happy Hour
22	23	24	25	26	27	28
10:00-St. Joseph Catholic Church - TV Broadcast Sunday Mass 10:30-Daily Chronicle 2:30-Bingo	10:30 Morning Stretch & Tone 11:00-Daily Chronicle 2:30- Memory Lane -Library Program 4:15-Happy Hour/Trivia	10:30- Intergenerational Story Time with Lake Orion Library (EC) 1:00-Resident Council Meeting 2:00-Bingo 4:15-Happy Hour/Music	10:30- Daily Chronicle 11:00- Holy Communion (EC) 2:00-Baking W/Char 4:15-Happy Hour/Trivia	10:30-Morning Stretch 11:00-Daily Chronicle 2:00-Family Feud 4:15-Happy Hour/Game Time	10:30-Chair Yoga 11:00--Daily Chronicle 4:15-Special Chinese Happy Hour/Games 6:00-Friday Movie Night	10:30-Morning Stretch 11:00-Daily Chronicle 2:00-Visit with Lake Orion NHS Leadership -Fun & Games 4:30-Happy Hour

Room Key: 3rd Floor Living room, AR = 2nd Floor Activity Room, DR = 2nd Floor Dining Room, LR = Living Room, LB = 2nd Floor Library, IR = In Room, EC = 1st Floor Event Center.
 Activities and Events are subject to change....