



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2026

Pomeroy Living Rochester Skilled

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| <h1>July 2026</h1> <h2>Pomeroy Living Rochester Skilled</h2>                                                                                                                                                                |    |                                                                                                                                                                                                                                                                            |    |                                                                                                                                                                                                                                                                    |    |                                                                                                                                                                                                                                                                                                                   |    |                                                                                                                                                                                                                                                        |    |                                                                                                                                                                                                                                                                                    |    |                                                                                                                                                                                                            |    |  |
|                                                                                                                                                                                                                             |    | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Canada or U.S. guessing<br>game (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Music & Manicures (RT)<br>3:00-Vanessa Carr Music live! (RT)<br>4:00-1:1 Visits (Rooms)    | 1  | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-United Shapes of America<br>game (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bingo (RT)<br>4:00-1:1 Visits (Rooms)                  | 2  | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Word Mining: Patriotic edition<br>(RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Happy Hour: Sparklers &<br>Popsicles 4 <sup>th</sup> of July Social! (CY)<br>4:00-1:1 Visits (Rooms) | 3  | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-4 <sup>th</sup> of July Bracelets<br>(RT0)<br>1:15-Beacon of Light PM (C)<br>2:00-4 <sup>th</sup> of July Bingo!!! (RT)<br>4:00-1:1 Visits (Rooms) | 4  |                                                                                                                                                                                                                                                                                    |    | Independence Day (U.S.)                                                                                                                                                                                    |    |  |
| 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Virtual Church (T)<br>1:15-Beacon of Light PM (C)<br>2:00-Courtyard Toss Across<br>game (CY)<br>4:00-1:1 Visits (Rooms) | 5  | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Balloon Tic Tac Toe! (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Jeff Breza Music Live in the<br>Courtyard! (CY)<br>4:00-1:1 Visits (Rooms) | 6  | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Left, Center, Right game<br>(RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bingo (RT)<br>4:00-1:1 Visits (Rooms)                       | 7  | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Summer Stretch (RT)<br><b>11:30-Outing: Olive Garden</b><br>1:15-Beacon of Light PM (C)<br>2:00-Music & Manicures (RT)<br>4:00-1:1 Visits (Rooms)                                                             | 8  | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Balloon Bop (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bingo (RT)<br>4:00-1:1 Visits (Rooms)                           | 9  | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Travelogue: South Pacific<br>Island Time! (T)<br>1:15-Beacon of Light PM (C)<br>2:00-Happy Hour: Summer<br>Karaoke! (RT)<br>4:00-1:1 Visits (Rooms) | 10 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Summer Trivia (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bonus Bingo! (RT)<br>4:00-1:1 Visits (Rooms) | 11 |  |
| 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Coin Drop game (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Lemonade Slushies<br>(CY)<br>4:00-1:1 Visits (Rooms)         | 12 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Pet Therapy w/Lacey (C/B)<br>1:15-Beacon of Light PM (C)<br>2:00-Making Pineapple Fritters<br>(RT)<br>4:00-1:1 Visits (Rooms)               | 13 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Before or After Bastille<br>Day! Game (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bingo (RT)<br>4:00-1:1 Visits (Rooms)             | 14 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br><b>10:00-Outing: Senior Day<br/>Baseball Game!</b><br>11:00-Courtyard Exercise (CY)<br>1:15-Beacon of Light PM (C)<br>2:00-Music & Manicures (RT)<br>4:00-1:1 Visits (Rooms)                                        | 15 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Putt Putt Golf (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bingo (RT)<br>4:00-1:1 Visits (Rooms)                        | 16 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Headbands game (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Ice Cream Sundae Bar (Bistro)<br>4:00-1:1 Visits (Rooms)                                 | 17 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Wii Bowling (A)<br>1:15-Beacon of Light PM (C)<br>2:00-Bonus Bingo! (RT)<br>4:00-1:1 Visits (Rooms)    | 18 |  |
| 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Songs of Worship (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Giant Guess Who? Game<br>(CY)<br>4:00-1:1 Visits (Rooms)   | 19 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Pet Therapy w/Lacey<br>(D/A)<br>1:15-Beacon of Light PM (C)<br>2:00-Watermelon Social! (RT)<br>4:00-1:1 Visits (Rooms)                      | 20 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Foam Bookmark Craft (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bingo (RT)<br>3:15-Resident Council (RT)<br>4:00-1:1 Visits (Rooms) | 21 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Sweating in the Summer<br>Heat (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Music & Manicures (RT)<br>4:00-1:1 Visits (Rooms)                                                                                  | 22 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Balloon Bop<br>1:15-Beacon of Light PM (C)<br>2:00-Bingo (RT)<br>4:00-1:1 Visits (Rooms)                                | 23 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Men's Club (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Happy Hour: Personal Naan<br>Pizzas (RT)<br>4:00-1:1 Visits (Rooms)                          | 24 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Uno card game (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bonus Bingo! (RT)<br>4:00-1:1 Visits (Rooms) | 25 |  |
| 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Coffee & Strudels<br>(Bistro)<br>1:15-Beacon of Light PM (C)<br>2:00-Kickball! (RT)<br>4:00-1:1 Visits (Rooms)          | 26 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Pet Therapy w/Lacey<br>(C/B)<br>1:15-Beacon of Light PM (C)<br>2:00-Movie & Popcorn! (Theater)<br>4:00-1:1 Visits (Rooms)                   | 27 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Rosary Tuesday (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bingo (RT)<br>4:00-1:1 Visits (Rooms)                                    | 28 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>11:00-Zumba Class! (RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Music & Manicures (RT)<br>4:00-1:1 Visits (Rooms)                                                                                                    | 29 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Toss & Talk ball game<br>(RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Bingo (RT)<br>4:00-1:1 Visits (Rooms)              | 30 | 9:00-10:30-Daily<br>Chronicles<br>& Friendly Visits (Rooms)<br>9:15-Beacon of Light AM (C)<br>10:45-Sunrise Yoga (RT)<br>11:00-Left, Center, Right game<br>(RT)<br>1:15-Beacon of Light PM (C)<br>2:00-Pomeroy Store (RT)<br>4:00-1:1 Visits (Rooms)                               | 31 | A=Auburn Dayroom<br>RT=Rose Terrace<br>D=Devon Dayroom<br>L=Library<br>C=Christie Dayroom<br>T=Theater<br>B=Bradford<br>CY=Courtyard<br>*Activity schedule subject to<br>change                            |    |  |