

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

Pomeroy Living Rochester Skilled

July 2026 Pomeroy Living Rochester Skilled			9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Canada or U.S. guessing game (RT) 1:15-Beacon of Light PM (C) 2:00-Music & Manicures (RT) 3:00-Vanessa Carr Music live! (RT) 4:00-1:1 Visits (Rooms) Canada Day	1	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-United Shapes of America game (RT) 1:15-Beacon of Light PM (C) 2:00-Bingo (RT) 4:00-1:1 Visits (Rooms)	2	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Word Mining: Patriotic edition (RT) 1:15-Beacon of Light PM (C) 2:00-Happy Hour: Sparklers & Popsicles 4 th of July Social! (CY) 4:00-1:1 Visits (Rooms)	3	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-4 th of July Bracelets (RT0) 1:15-Beacon of Light PM (C) 2:00-4 th of July Bingo!!! (R 4:00-1:1 Visits (Rooms) Independence Day (U.S.)	4			
9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Virtual Church (T) 1:15-Beacon of Light PM (C) 2:00-Courtyard Toss Across game (CY) 4:00-1:1 Visits (Rooms)	5	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Balloon Tic Tac Toe! (RT) 1:15-Beacon of Light PM (C) 2:00-Jeff Breza Music Live in the Courtyard! (CY) 4:00-1:1 Visits (Rooms)	6	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Left, Center, Right game (RT) 1:15-Beacon of Light PM (C) 2:00-Bingo (RT) 4:00-1:1 Visits (Rooms)	7	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Summer Stretch (RT) 11:30-Outing: Olive Garden 1:15-Beacon of Light PM (C) 2:00-Music & Manicures (RT) 4:00-1:1 Visits (Rooms)	8	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Balloon Bop (RT) 1:15-Beacon of Light PM (C) 2:00-Bingo (RT) 4:00-1:1 Visits (Rooms)	9	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Travelogue: South Pacific Island Time! (T) 1:15-Beacon of Light PM (C) 2:00-Happy Hour: Summer Karaoke! (RT) 4:00-1:1 Visits (Rooms)	10	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Summer Trivia (RT) 1:15-Beacon of Light PM (C) 2:00-Bonus Bingo! (RT) 4:00-1:1 Visits (Rooms)	11
9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Coin Drop game (RT) 1:15-Beacon of Light PM (C) 2:00-Lemonade Slushies (CY) 4:00-1:1 Visits (Rooms)	12	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Pet Therapy w/Lacey (C/B) 1:15-Beacon of Light PM (C) 2:00-Making Pineapple Fritters (RT) 4:00-1:1 Visits (Rooms)	13	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Before or After Bastille Day! Game (RT) 1:15-Beacon of Light PM (C) 2:00-Bingo (RT) 4:00-1:1 Visits (Rooms) Bastille Day	14	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:00-Outing: Senior Day Baseball Game! 11:00-Courtyard Exercise (CY) 1:15-Beacon of Light PM (C) 2:00-Music & Manicures (RT) 4:00-1:1 Visits (Rooms)	15	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Putt Putt Golf (RT) 1:15-Beacon of Light PM (C) 2:00-Bingo (RT) 4:00-1:1 Visits (Rooms)	16	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Headbands game (RT) 1:15-Beacon of Light PM (C) 2:00-Ice Cream Sundae Bar (Bistro) 4:00-1:1 Visits (Rooms)	17	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Wii Bowling (A) 1:15-Beacon of Light PM (C) 2:00-Bonus Bingo! (RT) 4:00-1:1 Visits (Rooms)	18
9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Songs of Worship (RT) 1:15-Beacon of Light PM (C) 2:00-Giant Guess Who? Game (CY) 4:00-1:1 Visits (Rooms)	19	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Pet Therapy w/Lacey (D/A) 1:15-Beacon of Light PM (C) 2:00-Watermelon Social! (RT) 4:00-1:1 Visits (Rooms)	20	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Foam Bookmark Craft (RT) 1:15-Beacon of Light PM (C) 2:00-Bingo (RT) 3:15-Resident Council (RT) 4:00-1:1 Visits (Rooms)	21	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Sweating in the Summer Heat (RT) 1:15-Beacon of Light PM (C) 2:00-Music & Manicures (RT) 4:00-1:1 Visits (Rooms)	22	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Balloon Bop 1:15-Beacon of Light PM (C) 2:00-Bingo (RT) 4:00-1:1 Visits (Rooms)	23	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Men's Club (RT) 1:15-Beacon of Light PM (C) 2:00-Happy Hour: Personal Naan Pizzas (RT) 4:00-1:1 Visits (Rooms)	24	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Uno card game (RT) 1:15-Beacon of Light PM (C) 2:00-Bonus Bingo! (RT) 4:00-1:1 Visits (Rooms)	25
9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Coffee & Strudels (Bistro) 1:15-Beacon of Light PM (C) 2:00-Kickball! (RT) 4:00-1:1 Visits (Rooms)	26	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Pet Therapy w/Lacey (C/B) 1:15-Beacon of Light PM (C) 2:00-Movie & Popcorn! (Theater) 4:00-1:1 Visits (Rooms)	27	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Rosary Tuesday (RT) 1:15-Beacon of Light PM (C) 2:00-Bingo (RT) 4:00-1:1 Visits (Rooms)	28	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 11:00-Zumba Class! (RT) 1:15-Beacon of Light PM (C) 2:00-Music & Manicures (RT) 4:00-1:1 Visits (Rooms)	29	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Toss & Talk ball game (RT) 1:15-Beacon of Light PM (C) 2:00-Bingo (RT) 4:00-1:1 Visits (Rooms)	30	9:00-10:30-Daily Chronicles & Friendly Visits (Rooms) 9:15-Beacon of Light AM (C) 10:45-Sunrise Yoga (RT) 11:00-Left, Center, Right game (RT) 1:15-Beacon of Light PM (C) 2:00-Pomeroy Store (RT) 4:00-1:1 Visits (Rooms)	31	A=Auburn Dayroom RT=Rose Terrace D=Devon Dayroom L=Library C=Christie Dayroom T=Theater B=Bradford CY=Courtyard *Activity schedule subject to change	

Pomeroy Living Rochester Skilled Rehabilitation

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