

September Events:

Thursday, 9/3, at 2:00pm: Wheel Wash in the Gazebo.
We'll meet in the Gazebo to clean up wheelchairs and walkers! (Weather-permitting)

Friday, 9/4, at 3:00pm: Music with Jeff in the Lobby.
Jeff the Entertainer joins us again with music from his albums!

Wednesday, 9/9, at 10:00am: Outing to Senior Day at the Detroit Zoo
The sign-up sheet is at Reception. See Aiden for more details.

Sunday, 9/13, at 2:00pm: Grandparents' Day DIY Pizza Party in the Dining Room.
Let's celebrate all grandparents and great-grandparents in our community! We are making individual pizzas to enjoy.

Monday, 9/14, at 2:00pm: Photobooth Party! in the Lobby.
A photobooth will be provided for pictures with your favorite people! (Can't forget the snacks!)

Tuesday, 9/15, at 10:30am: Travel to France Mixer in the Lobby.
Meet us in "Paris" for light fare and music!

Wednesday, 9/16, at 11:15am: Movin' & Groovin' w/ Kathleen in the Lobby.
Our Chair Dance instructor, Kathleen, is back with more moves and music!

Wednesday, 9/16, at 2:00pm: Staff Olympics in the Lobby.
Staff members can compete in various challenges for a prize!

Thursday, 9/17, at 2:00pm: End of Summer Carnival in the Dining Room.
It's the End of Summer Carnival! Residents can play carnival games to collect tickets. The resident with the most tickets wins the Grand Prize!

Friday, 9/18, at 12:00pm: September Cookout in the Gazebo.
We'll meet in the Gazebo to eat lunch at our September Cookout! (Weather-permitting)

Saturday, 9/19, at 2:00pm: Double Buck Bingo Bash in the Dining Room.
All Bingo winners will win double the Bingo Bucks. Refreshments will be included.

Monday, 9/21, at 2:00pm: Spa Day in the First-Floor Activity Room.
Time to soak and massage your feet and to get a facial!

Tuesday, 9/29, at 3:00pm: Birthday Party w/ Vanessa in the Lobby.
Two birthday parties hosted by Vanessa in one year? Oh yeah!

September Birthdays

In astrology, those born between September 1 and 22 are Virgos. Virgos are observant, independent, reliable, and intellectual. Virgos have sharply organized minds and enjoy analyzing problems in an attempt to bring order to chaos, no matter the consequences. Those born between September 23 and 30 balance the scales of Libra. Libras seek equality, justice, and harmony. Eager to cooperate, Libras are charming diplomats who seek compromise and goodwill.

Boxcar Willie (singer) – September 1, 1931
Bob Newhart (actor) – September 5, 1929
Marquis de Lafayette (leader) – September 6, 1757
Otis Redding (singer) – September 9, 1941
Agatha Christie (writer) – September 15, 1890
Sophia Loren (actress) – September 20, 1934
Jim Henson (puppeteer) – September 24, 1936
Jack LaLanne (health guru) – September 26, 1914
Gene Autry (singer) – September 29, 1907
Buddy Rich (drummer) – September 30, 1917



Taeanna	Sep. 3 rd
Bina	Sep. 12 th
Elaine	Sep. 14 th
Stephanie	Sep. 15 th
Kim	Sep. 16 th
Javeon	Sep. 19 th
Meri	Sep. 20 th
Marjean	Sep. 21 st
Anna	Sep. 23 rd
Tommy	Sep. 26 th
Jim	Sep. 29 th
Chef Mickey	Sep. 29 th

Pomeroy Living

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Here to Assist You

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National Assisted Living Week



National Assisted Living Week starts on September 13th, the holiday known as Grandparents' Day, and ends on September 19th. Join us for a week full of activities emphasizing the theme, "Shining Through the Years."

"Established by the National Center for Assisted Living (NCAL) in 1995, National Assisted Living Week® provides a unique opportunity for residents, their loved ones, staff, volunteers, and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. The annual observance encourages assisted living communities around the country to offer a variety of events and activities to celebrate the individuals they serve, as well as to help educate members of the public about this distinctive aspect of long term care."
[AHCANCAL.org, "National Assisted Living Week".]

- Events this year include:
- Grandparents' Day Pizza Party
 - Photobooth Party
 - Travel to France Mixer
 - Staff and Resident Field Day
 - End of Summer Carnival
 - September Cookout
 - Double Buck Bingo

Lifetimes of Bright Memories

In addition to the great events going on for NALW, the Activities Department will be collecting photos of resident/family/staff life events, words of wisdom, and trinkets to add to a Time Capsule. The goal for this is to celebrate each Lifetime of Bright Memories and leave a piece of ourselves for the future. ★

SPIRIT DAYS9/14, Monday: **Fancy Dress Day**9/15, Tuesday: **French Day**9/16, Wednesday: **Sports Team Day**9/17, Thursday: **Circus Day**9/18, Friday: **Old People Are Cool Day****Catholic Communion & Rosary****Every Wednesday at 10:30am**

This is held in the Chapel every Wednesday morning with the ladies from St. Renee.

Bible Study**Fridays, 9/11 & 9/25, at 2pm**

Join us in the Chapel as we discuss the gift of Courage and Biblical Clothing & Food.

Goodlife Church**Tuesday, 9/22, at 2pm**

Join us in the Lobby as Pastor Prout of Goodlife Church comes with a fresh sermon!

Open Gym**Every Wednesday from 10-11am**

Ami, the Physical Therapist, oversees the gym each week. This is not a formal therapy session but is a chance for you to use the equipment in the gym with supervision.

John Anthony Salon**Thursdays from 9:30am to 3:00pm**

Please see the receptionist to make an appointment with Jan, the stylist. You need a signed consent form and a credit card on file. Gratuities are cash only.

Housekeeping Reminder: *Summer is slowly ending*, and you may be getting clothes and bedding that are weather-appropriate. Please make sure that those items are dropped off with the receptionist for labeling. If you have any questions, don't hesitate to reach out to Stephanie, the Housekeeping Director.**Aiden's Addition**

If you want to nominate an employee for "Employee of the Month" or "Excellence in Action," you can find the forms at our Reception Desk. Nancy and the team will make sure the form is given to the proper office for consideration. If you need further assistance, please see Mary or Aiden.

*"Who am I?" Answer: I am Nadia Boulanger, French music teacher, conductor and composer, honorary member of the American Academy of Arts and Sciences, Henry Howland Memorial Prize recipient, and 2012 post-humous inductee of the American Classical Music Hall of Fame.***Who am I?**

I was born on September 16th, 1887, in Paris, France, and passed away at the age of 92 on October 22nd, 1979.

I taught many of the leading composers and musicians of the twentieth century-- such as Quincy Jones and Philip Glass-- and performed occasionally as a pianist and organist.

I was the first woman to conduct many major orchestras in America and Europe, including the BBC Symphony, Boston Symphony, Hallé, and Philadelphia orchestras. I have won multiple awards in my lifetime from France, United Kingdom, United States, Belgium, Poland, and Monaco.

Employee of the Month: Tameca Williams – Care Staff

Tameca is an outstanding care member for our Memory Care residents, always engaging with and safeguarding them. While trained to work with this population, she has an innate talent as a people person, making her easy to get along with. Thank you, Tameca, for giving constant love and respect to our residents.

Excellence in Action: Travion Peebles – Medication Technician

Travion completed his LPN course, graduating and being pinned. It was a grueling year of coursework, clinicals, and exams, but he made it through, while working here with our residents. The completion of his program shows immense care for his residents and dedication towards bettering his life and career. Thank you, Tray, for being with us!

**August in Review:****Switchboard Switch Out**

Emma M. Nutt made history on September 1, 1878, when she became the first female telephone operator. It had been customary for teenage boys to be telephone operators. However, these youth proved impatient over the phone, played pranks on callers, and often used crude language. Alexander Graham Bell himself came up with the solution to hire young women, and he started by hiring Emma Nutt. Needless to say, Nutt's cool, soothing voice transformed the new industry. Emma's sister Stella Nutt was hired just a few hours later. Emma Nutt was so successful that telephone operation became an exclusively female profession. Indeed, women relished the professional opportunity, which was considered a step up from domestic duties and factory work. Women would operate telephones for almost the next 100 years.

