

Events in October

Thursday, 10/1, at 2:00pm: Music with Frank in the Lobby.
Let's jam with Frank while he plays his electric guitar!

Tuesday, 10/6, at 2:00pm: Guest Speaker- Terry Ozog: Diminished Hearing and Dementia in the Lobby.
Terry Ozog of Guaranteed Hearing Inc. will be giving a presentation on hearing loss and its impact on dementia diagnosis.

Wednesday, 10/7, at 11:15am: Movin' & Groovin' w/ Kathleen in the Lobby.
Let's move and groove in our seats while Kathleen leads us to the best playlist around!

Friday, 10/9, at 12:00pm: Lunch Bunch: Jakova Grill in the First-Floor Activity Room.
We will be ordering lunch in from Jakova Grill. You must have funds in your trust account or private pay. Sign-ups and the menu will be at reception.

Monday, 10/12, at 2:00pm: Oktoberfest/Travel to Germany Mixer in the Lobby.
Let's take a trip to Germany for Oktoberfest from the comfort of our home! Daniel will be back to play his accordion and sing!

Saturday, 10/17, at 2:00pm: Halloween Costume Parade in the Lobby.
We're inviting the kids over to parade and trick-or-treat with us!

Tuesday, 10/20, at 2:00pm: Outing to Tillson St. and Westview Orchard
It's our annual bus tour of Tillson St. and Westview Orchard for cider and donuts! This is a free event. Sign-ups and waitlists will be at reception.

Thursday, 10/22, at 2:00pm: LC Creations Vendor Show in the Library.
Lisa Christian and her husband will set up booths with crafts, aromatherapy, and more! They will be open from 2pm to 4pm. Please see Aiden for more details.

Tuesday, 10/27, at 2:00pm: Birthday Party w/ Steve in the Lobby.
Steve the Crooner is back and will headline our October Birthday Party!

Thursday, 10/29, at 2:00pm: Magic Show w/ John Russel in the Lobby.
Let's have a spooky good time with the magician, John Russel!

Friday, 10/30, at 2:00pm: Resident Halloween Party in the Dining Room.
It's time to celebrate Halloween! Wear a costume and find out who won the Door Decorating Prize!

October Birthdays

In astrology, those born October 1–22 balance the scales of Libra. Libras seek equality, justice, and harmony. Eager to cooperate, Libras are charming diplomats who seek compromise and goodwill. Those born between October 23–31 are Scorpios. Scorpios are passionate and assertive leaders who value honesty and fairness above all—but betray a Scorpio and you will have not just a friend for life, but an advocate and confidant.

Buster Keaton (comedian) – October 4, 1895
Thor Heyerdahl (explorer) – October 6, 1914
Jesse Jackson (civic leader) – October 8, 1941
Henry J. Heinz (magnate) – October 11, 1844
Ralph Lauren (designer) – October 14, 1939
Emeril Lagasse (chef) – October 15, 1959
Annette Funicello (actress) – October 22, 1942
Michael Crichton (writer) – October 23, 1942
Dylan Thomas (poet) – October 27, 1914



Autumn	Oct. 4 th
Charlie Ann	Oct. 8 th
Vera	Oct. 8 th
Travion	Oct. 9 th
George	Oct. 14 th
Dorothy	Oct. 19 th
Arlana	Oct. 24 th
Nicole M.	Oct. 24 th
Albana	Oct. 26 th
Kayla	Oct. 28 th

Pomeroy Living

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HAPPY HALLOWEEN!

We have a Halloween tradition here at Pomeroy Living: Halloween Door Decorating! What started as a competition between departments has become a building-wide event! If you would like to participate in this year's door decorating contest, simply decorate your doorway and let Aiden know.

We ask that you only start Halloween decorating on Tuesday, October 13th, and finish by Friday, October 23rd at 5pm. Pictures of doorways will be taken and posted on Facebook and in the library for voting on Monday, October 26th. The voting period will end on Thursday, October 29th at 5pm. The winner will be announced during the Resident Halloween Party on Friday, October 30th.

There will be First, Second, and Third place prizes.

Reminders: decorations may not obstruct the hallways or bar entry to rooms/offices. String lights are acceptable if they are battery and timer operated. Please use your best judgement on imagery (scary is fine, but please refrain from grotesque/offensive images). Nothing may be permanently attached to any surface unless authorized by Maintenance (please use poster putty and painters' tape).

Sister Building Events

This year we've been exchanging event invitations with our sister building, Sterling Skilled. For October's event, Sterling Skilled is hosting a Trunk-or-Treat event for all to attend! If you would like more information regarding this event, you can reach out to Megan, the Skilled Rehabilitation and Long-Term Care Activity Director, at activityss@pomeroyliving.com.

Travel to Series

We're getting close to the end of the year and the end of our International Travel to Series. This month we are traveling to Germany, November will be a trip to Japan, and in December we'll close out with Greece. If you have any suggestions for activities or cultural connections to these locations that you would like to share, please let Aiden know.



SPIRIT DAYS
10/1, Thursday: **KAB Pink Ribbon Day**
10/12, Monday: **Oktoberfest Day**
10/17, Saturday: **Costume Parade Day**
10/20, Tuesday: **Apple Orchard Day**
10/30, Friday: **Halloween Costume Day**

Catholic Communion & Rosary
Every Wednesday at 10:30am
This is held in the Chapel every Wednesday morning with the ladies from St. Renee.

Bible Study
Fridays, October 9th & 23rd, at 2pm
Join us in the Chapel as we discuss Counting our Blessings and Village Life & Marriage in Biblical Times.

Goodlife Church
Tuesday, 10/20, at 2pm
Join us in the Lobby as Pastor Prout of Goodlife Church comes with a fresh sermon!

Open Gym
Every Wednesday from 10-11am
Ami, the Physical Therapist, oversees the gym each week. This is not a formal therapy session but is a chance for you to use the equipment in the gym with supervision.

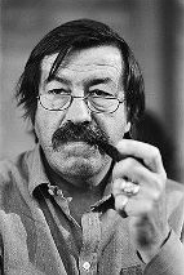
John Anthony Salon
Thursdays from 9:30am to 3:00pm
Please see the receptionist to make an appointment with Jan, the stylist. You need a signed consent form and a credit card on file. Gratuities are cash only.

Housekeeping Reminder: *Fall is here* and you may be getting clothes and bedding that are weather-appropriate. Please make sure that those items are dropped off with the receptionist for labeling. If you have any questions, don't hesitate to reach out to Stephanie, the Housekeeping Director.

Aiden's Addition
If you would like to use the Activity Room, Cinema, or Old Bistro for a family gathering, please see me at least 2 weeks before the event. This way we can check there is nothing happening there during the time you want the room. There is no rental fee for the use of rooms; the rooms are on a first come, first served basis.

"Who am I?" Answer: I am Gunter Grass, German novelist, poet, sculptor, playwright, illustrator, and graphic artist.

Who am I?



I was born in the Free City of Danzig on October 16th, 1927, to a German father and Kashubian-Polish mother. I was conscripted into the *Reich Labor Service* at the age of 16 and then drafted into the *Waffen-SS* at age 17. I was ashamed of this fact and did not reveal it until my memoir was released in 2006.

I am best known as the author of The Tin Drum (1959), which was made into a film in 1979 of the same name. The trilogy was completed with Cat and Mouse (1961) and Dog Years (1963). These stories were the founding of European magic realism. In 1999, I was awarded the Nobel Prize in Literature for that debut novel. Other novels I wrote were The Flounder (1977), My Century (1999), and Crabwalk (2002).

As a pipe smoker for most of my life, I died of lung infection at the age of 87 on April 13th, 2015.

Employee of the Month: Denise McKay – Care Staff



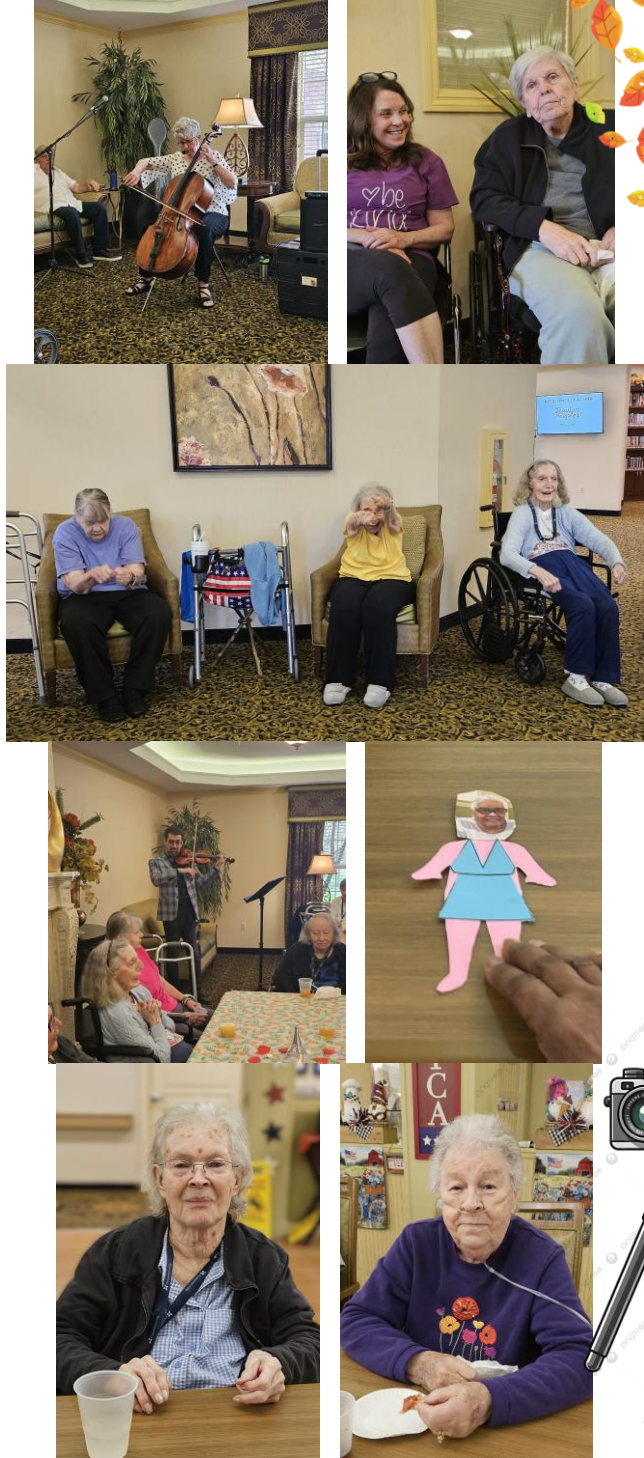
Denise has been recognized by residents and coworkers alike for her great attitude and personable approach to care. "...[Denise] makes her coworkers laugh and she genuinely cares about her residents. She can work on any unit and get her tasks done...."

Denise, thank you for being the caring and wonderful person that you are!

Excellence in Action: Aiden Jacob – Activity Director
Nominated by Executive Director Mary, Aiden went above and beyond to create a National Assisted Living Week's worth of events that included residents and staff, bringing them together to have the best time!



September in Review:





A Squirrel's Tale



Some think of squirrels as small pests, adept at infiltrating your home or invading your bird feeders, but they are nature's most nimble and adaptable creatures. Squirrels are extremely active in October, burying nuts and storing food for the long, cold winter. For this reason, October is Squirrel Awareness Month.

Squirrels inhabit every continent except Australia and Antarctica. There are 265 different species but three basic kinds: tree squirrels, ground squirrels, and flying squirrels. They come in all different sizes, from the mouse-sized African pygmy squirrel, which is only three inches long, to the Indian giant squirrel, which grows up to three feet in length. Squirrels are very cunning, often pretending to bury nuts in order to fool other spying squirrels. But they sometimes forget where they buried the real nuts! As a result, you may spy new trees in your yard come springtime. Perhaps we should consider ourselves lucky to live in such close quarters with these amazing little critters.